

**Life Skills and Career Exploration
Data Recording Sheet**

1. I am finding out more about the following life skills:

- a)
- b)
- c)

2. These life skills mean:

- a)
- b)
- c)

3. I am interested in the following careers:

- a)
- b)
- c)

4. Skills are needed for success in each of these careers.

- a)
- b)
- c)



5. *(Life skill)* is important to *(Career)* because...

a)

b)

c)

6. I am becoming prepared to be a *(Career)* because I am...